

*Becoming more Swedish;
Weather check: is it according to the prognosis ?;
Global economic activity for 2022, '23 & '24;
plus Clinic-Work Update*

15/08/21

Becoming more Swedish ?

Realising that summer is so fleeting here, it has been almost impossible to be inside with the computer. It is as if my busy-ness of previous years did not open myself to see this; but now I realised the warmth would disappear rather quickly. This was even more so as the nights have begun to draw in, bringing forth the cool of Autumn; but my body-being seeks, almost yearns, for 2 or even 3 more months of summer warmth.

A conundrum to be resolved for future years.

Weather check: is it according to the prognosis ? (link to [Weather of Metal Ox 2021](#))

The annual trend of the weather has been according to that written previously: changeable, stormy, rainy; cool readily becoming colder, even if preceding days have been warm.

The 'Middle Summer' period **Shao Yang : Heat Radiance, 20/5 – 23/7**, with **Guest Climate Tai Yin : Damp-Wet**, showed itself to be warm, but with rainy showers; sometimes quite heavy, often quite cold.

The 'Late Summer' period **Tai Yin : Damp-Wet, 23/7 – 23/9**, with **Shao Yang : Heat Radiance**, of which we are in the *beginning - middle* is showing itself to be more wet, than warm; again, with stormy rainy showers – cold and heavy !! With the **Guest** of the sun's **Warm Radiance** pushing through when it is able.

Remember that: The **Controlling Weather** for the whole year, from **20/1** is **Tai Yin : Damp-Wet**; with the further influence of the **Controller of the 2nd Half of the Year** from **23/7** being **Tai Yang : Cold**. This will give the expectation that upon **Damp-Wet**, there will also be enhanced **Cold** – and that will be supporting the **Cold of the underlying yearly matrix**.

What is this to mean ? Expect more **Cold and Wet** for the rest of this period; even the rest of the year !!

The 'Autumn' period **Yang Ming : Cool Dry, 23/9 – 27/11**, has the **Guest of its own Climate Yang Ming : Cool Dry**. With luck, there will be a lessening, even cessation of rain, with the stronger introduction of the Autumnal climate, not only evening and morning, but also day-time. Normally, in such **Guest-Host Period**, one would expect fine warm days; however, there will always be a chill and, unfortunately, possibly overcast and rain.

The 'Winter' period **Tai Yang : Cold , 27/11 – 23/01/22**, also has the **Guest of its own Climate Tai Yang : Cold**. One readily expects an early (on time) cold winter and with the precipitation of **Damp-Wet as the Climatic Controller of the Year**, one will expect early (on time) snow during December; something which has not been experienced regularly in middle-south Sweden during the last 7 – 10 years.

If this early /on time 'proper winter' does not appear, this is definitely from 'other' influences. If the 'normal' weather patterns are followed correctly, **it has to be a cold, snowy winter**

The continuation into the next year, from 23/01/22, suggest that the new patterns will be on time, strong → dominating and bringing warmth. Expect this first period, **23/01 – 20/03**, to be stormy: wintery the further north, warmer with rain, sleet, excess rather than snow further south.

There is a further shift into more precipitation in the period **20/03 – 20/05**; again, with wintery weather the further north. The next period will be warm; but with the whole summer cool – or changeable between more extreme heat plus cool (but not wet) days; probably electric type of storms as there will be much tension building.

The introduction of Winter 2022 will be stormy and indecisive; not a strong winter; though wet as it moves into 2023.

Global economic activity plus for 2022, '23 & '24

2022 will still be 'lean' regards to global economic growth. And will be dictated or 'described' by societies - communities, national, international - as they establish new rules of personal and social behaviours.

Expect this not only related to COVID infection - vaccinations, testing, mandates and passports, but also a 'gliding in' of new social ideals and mores, probably mostly suited to the business world.

Expect a 'spurt' of expectations in the beginning of the year as everyone 'breathes out' *once again* that the COVID period is over. But it is not; hidden in the beginning of the year, it will arise again maybe already in summer and if not from the period beginning 23/07 for the remainder of the year. Most probably a new strain will appear; the next Greek Letter is **E ε, Epsilon**; though maybe the WHO skip that and fast forward to **Z ζ, Zeta** !!

2023 will be characterised by the struggle between governments, organisation and global businesses who wish to implement these new social conventions and the resistance by those of ordinary populations who see that their own lives and personal needs of survival are not taken into regard.

What would need to happen would be that ginormous shift or 'righting' to transfer the unfathomable wealth of the few into the hands, mouths, of the poor who often do not know how they will live from one day to the next.

It will not happen and expect this to be a year of growing → extreme civil unrest and disobedience. If you wish to make your 'voice heard', this is the time, the year, in which to do it. Grass roots movements, use of social medias, out on the streets and be prepared to take upon you harm or to harm as necessary.

For this will be the year in which future dictates concerning controls of personal freedoms within your society will be decided. It will be the pivot and turning point for the globe. There is no question that there will not be extremes of civil violence in many countries of the world. Though for those societies which manage themselves through the first half of the year without an excess of extremely violent mayhem, there is the possibility of conciliation during the latter half.

2024 will be the '*beginning of the new world order*'. Now it is happened, through those outcomes of the previous year, as the world goes forward into the beginning of this **New 10 Year Cycle of the Heavenly Stems.**

A year personified by the intellect and intelligence; the writing of new 'codes' and understandings of the world and the human species within it; exploration and innovation. This decade is the one which will guide the next 20 years and, looking back, to be seen as the initial point of change for the rest of the century.

The next major point of human and global evolution will be 2044. And if there is to be a time or point of the 'Singularity', when AI transcends the shackles of its creators, this will be the year of its arising.

.....

Clinic-Work Update

The main news in this section is that: ***I will not be reopening my clinic for regular meetings with patients;*** (but scroll down to see *'that which will be offered'*).

I feel very much that aspect of my work with Chinese Medicine has come to an end – *the treating of medical issues through regular engagement with patients*. I wish to free myself up from the needs of a regular schedule and it is imminent, as the correct circumstance present themselves, that I will move from Örebro.

Daoist Medicine is based upon two philosophical concepts, as I have written previously:

- **The Three Realms** of *Tian 天 Di 地 Ren 人* or **Heaven, Earth, Humanity** : the understanding of human life as an expression and outgrowth of these Cosmic – Terrestrial forces; and that health is created by being in harmony with their cycles and movements.
- **Shen 神** : understood as **Consciousness, Spirit-Mind-Heart and Cognition**. Implicit within this character, especially when read within that character for **Dao 道**, *'The Path or Way of Life for Human Existence'* is the meaning that : **a human life gives the potential for the development of oneself as an individual → personal evolution through cognitive awareness of the self with the environment** (of H & E).

This means that the core of **Daoist practice**, and the underlying context of **Daoist Medicine**, is that:

'one is seeking a sense of personal destiny, the pathways to enable one's personal evolution within this lifetime and to comprehend one's place in the bigger movements of existence'.

in whatever way one might comprehend those (*bigger movements of existence*), as Daoism is a non-doctrinal philosophy, in which one's *'mental constructs and world views'* create the personal philosophies through which one perceives, experiences and lives one's life`.

The purpose of the Daoist Doctor is to support the patient to uncover this pathway of destiny within themselves. **Firstly**, through creating and maintaining good health or moving from sickness; **secondly**, the personal investigation of oneself – personality, character, behaviours and narratives; and **thirdly**, towards individuation and spiritual evolution.

That which will be offered :

- ❖ **Life Consultations.** As written above: finding and resolving those areas which have prevented development towards maximum personal health and potential ; exploring how to uncover the pathway of individual destiny; directing towards self-reliance and spiritual maturity.
- ❖ **Pathways for Personal Development,** with the idea of contact with an individual every **4, 6 or 12 months**; dependent upon their needs and stage of self-reliance.
- ❖ **Seasonal Meetings.** Traditionally, whilst still in health, patients would meet the doctor 4 times each year at *'the change of the season'* to support the shift of energies through treatment, plus advices regards to relationships, diet, behaviour etc. Those dates of seasonal change being 5/2, 6/5, 8/8, 8/11 and the meeting intended to be during the 15 days beforehand, [see Calendar](#).

In modern times, many attune their lives according to the rhythms of society & media and the patterns of their favourite habits, senses and tastes. Thus, foregoing alignment with surrounding environmental influences and the necessity or effectiveness of such treatments become lost.

In such country as Sweden, in which there are often not four clearly defined seasonal periods, the application of this theory needs to be both relevant to temperate location and to local climatic changes. Often, there are just 3, major seasonal changes: Winter → Spring-Summer → Autumn → Winter, with treatment applied accordingly.

- ❖ **Medical Consultations.** Those who have complex medical situations or diseases to which they have not found resolve through the approach of Western or other forms of medicine. This will comprise of an initial meeting for a major consultation, *with only one or two follow-up sessions.*

- ❖ **Working with Children** , especially of a younger age, with both physical disorders, but also, or especially, different types of disabilities or `diagnosis` which hinder development and learning.

- ❖ **Those aged over 80;** for meetings every 3 – 4 months; *seeing that the most important work to support their health is living within the family or community and the love, care and stimulation that gives.*

- ❖ **Dying, Death and moving into the Light,** supporting an individual through the last stages of this incarnation. I offer a variety of activities from direct needling to support the successful release of the soul from the body through to work from a distance, through recent photos.

.....

Much of this work can be done at a distance, with either one initial meeting or through the diagnosing of one's condition through a combination of methods: a) *on-line interview* b) *reading their energies from current photos* and c) *understanding the patterns of health and sickness from the Constitutional Map, and even the whole Psychography, calculated from the date of birth.*

During the last 2 years, I have been developing this approach and there are a growing number of patients already supported through this pathway. The individual is gradually aligned into the inner resonance of themselves with the idea of uncovering the bigger purpose of their life using the modalities of **Patent Herbal Medicines; Jook Medicinal Porridge; Essential Oil Blends**, and recently **Gemmotherapy;** and **Gemstone Elixirs; Directed Inner Dialogue and Contemplation**

This also suits my own present stage of `evolution`. If I am to work directly one to one with patients with needles using Qi through the meridian system, it means that I must be present at that level of vibration (of Qi) and work with it within my body. I have done this for many years and am now arriving into my 6th decade and into the Autumn phase of the Daoist life.

As is the activity of Autumn within nature a time for *`withdrawal, contemplation and the separation of the `chafe and the wheat` in order to hold that which is essential and cast away that which is not essential`*. It is also the time for me to come closer to myself, letting go of those activities which do not support the more subtle aspects of the development of my health – the *`refining of the Qi body into Shen or Heart-Mind, through meditation & alchemical process and to pursue those which more readily support `inner cultivation` of the senses, of study, of contemplation and the such-like.*

It also very much frees up my time and energy to be able to pursue other projects of study, writing, even teaching. As well as to live more in nature and with nature, with the intention of returning my bodily Qi to the robust and sturdy constitution of my Scottish ancestry 😊

.....

If I have been meeting you through some years, now is the time to take **6 months free** and contemplate what you see as **a)** *`the purpose of your incarnation or reason for being here on the earth`* **b)** *`that which you need to fulfil before the end of this lifetime`* or **c)** *`what is your pathway of transcendence to the next life`*.

I am no longer in a position to treat your physical ailments with needling.

.....

[Zhuang Zhou Dreams of Being a Butterfly](#)

Chang Xuan Ren 暢玄人

www.PurpleOnyx.net