

❖ **Clinics Dates for Winter**

I will take a pause from 20 December, so that I can enjoy the time of the Winter Solstice; going into some form of hibernation; re-opening sometimes after the Chinese New Year, 12<sup>th</sup> February.

So, clinic would be closed for the period *between Vecka 52 – Vecka 7 ...*

.....though I must check movement of cosmic energies to pinpoint exact dates of awakening.

❖ **Relocation of the Clinic**

From the New Year, the clinic will *finally* be moving out of the house. *Whew !!*

There are two pathways happening:

- 1) I have arranged with a fellow therapist to share her clinic from the New Year. It is just 1 room out of which she is working, so it will be a limited to specific days of the week . probably Saturday, Sunday plus one other day during the week.
- 2) *We are actively seeking a suitable locale for a full clinic, with 2 or 3 rooms + teaching space and so forth. My feeling is that it could be a good time to become more 'present' within society; this being the first time in Sweden that I would have a more public face and not 'hide under the radar' ..... hmmm ...*

❖ **Moving into the light**

Acupuncture is known and accepted in some form within general Swedish society in present times; much more than in the 90's when I landed here. However, there is still not an appreciation of Acupuncture as a modality for treatment of *all types and severity of disease*; nor the maturing of understanding that it is just one aspect or treatment modality within Chinese Medicine.

Chinese Medicine is a medical system in its own right, based upon a unique culture & long, extensive empirical history, own philosophy & medical theories and so *does not need to be seen as an alternative* to its Western counter-part\*.

Notably, I have spent 30 years in clinic practice treating *all those pathologies in patients who have not had success through the allopathic model or who now wish to stop or reduce even decades usage of multiple medicines*. Due to the fact that I would often be their last hope, I have been obliged to find solutions.

Compared to *nearly every other European country*, Swedish society is still primarily orientated to Western Medicine .. and persons still actually believe the diagnosis of a Western doctor as a fixed fact of their reality and as an 'imprisoning sentence' for their whole life.

One does not see the migration over from Western medical practitioners into the world of Chinese Medicine, *which again one has seen in nearly every other European country*. In Europe, I have many colleagues who were previously working as Western Medical doctors, now for many years working as qualified doctors within another 'alternative' medical systems, especially Chinese Medicine.

My thoughts in becoming more prominent now is that it can be a pivotal time at which I could help open Swedish society, or at least this small part of Örebro, to a different view towards Chinese Medicine. Not the least so that it can be accepted as a more whole medical system within its own right and with its own grounding in terms of view, philosophy, theory, medical practice and ethos.

I now have 30 years' experience of clinic practice with 1,000's of patients (and within 15 countries !!), which I feel gives me the knowledge and skill needed to hold such a position within a more socially orientated medical practice both ethically and professionally.

\*Though, within the context of a modern western society which has a comprehensive universal health care, one will find that certain aspects of western medical practice are more developed and preferable, such as serious trauma medicine, serious infectious disease and major surgical invasions; whilst others are more efficient and preferable within Chinese medical practice, such as *'nearly every other area of medicine and medical care'*.

❖ **New Pathways within my activities.**

As written previously, I am in the bigger process of shifting my activities as my age moves into the Autumn period of life. You can read about the beginning steps of that on the present website.

A little dialogue, plus the outline of the new vision and activities; and ready for the first articles to be uploaded. Follow the link ..... <http://purpleonyx.net/>

❖ **Redefining Chinese Medicine**

One of my initial projects is the re-defining or the correct identification of Chinese Medicine, with my intention that the shift in the work and written articles will begin there.

Firstly, it is to understand that Chinese Medicine is a generic term which is inclusive of a range of different modalities of treatment, now practised in many countries and cultures, and which have been developed throughout the course of over 5 millennia of history. There is written evidence from 1,500 years ago of recordings from 2,000 years before then and common myths from the two millennium before then in regards to the formation of the cosmos and the creation and development of human civilisation.

Even more so, Chinese Medicine is not a medical practice in the sense in which one could equate it with the practice of Western Medicine. The more narrow `TCM` or `Traditional Chinese Medicine` which was formed as a consequence of the Cultural Revolution in 60's China can be equated so; but not Chinese Medicine `proper`, as a clearly defined discipline of that longer historical context.

Chinese Culture is based upon the indigenous shamanic spirituality now known as Daoism. Daoism is best described as an `existential phenomenological philosophy` : the observed experience of human existence gradually being mapped and recorded, first orally and then in writing; this becoming the basis for the development of an understanding of the nature of life in the forming of ideas, myths and philosophies and the consequent arising of societal and then cultural identities.

Chinese Medicine is understood to be Chinese Philosophy applied, of which the two main tenets are these:

- a) the concept of Heaven – Earth – huManity: the existential realities and realms of human life.
- b) Shen 神 Consciousness: human life as the possibility of evolution through cognition or realised awareness

This infers that Chinese Medicine is actually formed *out of the knowledge base of Daoism and Daoist Medicine*; and the application of the principles of Chinese Medicine has the implicit intention within its practice of:

- a) aligning human life within the forces of Heaven, Earth & Society
- b) supporting development as an individual to have conscious awareness

In essence, *Chinese Medicine is not to be seen as a medicine or a medical practice at all*; but rather teachings about the nature of human life as a guide along a pathway to personal discovery, development and even evolution during this life and whatever might come after.

This can be achieved with the support of another such as in medical practice; or by oneself through personal effort and application of teachings suited for each stage of development.

❖ **Website**

It is beginnings its formation behind the scenes. Old website is presenting a basic outline of the ideas and activities to come ..... new website will include one blogg for advices concerning health, especially related to seasonal shifts in climates & weather and also one for professionals involving in treating others e.g. using a more energetic style and the WLYQi astro approach to Chinese Medicine.

❖ **Calendar for Clinic Dates:** <http://purpleonyx.net/home-2/calendar/>

**Daoist-Doc**

`Stay Well, Play Hard`  
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